User Manual
Coach Watch

W226

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KEYS AND FEATURES

Warm Tip:
The watch will be in the power saving mode after your purchase. Please press the LIGHT and RESET buttons for 2 seconds at the same time to exit it.

FEATURES:

- Time Function: hour, minute, second, date, week, 12/24 hour format, 2 time-zone
- Stopwatch Function: 10 laps memory, stopwatch range(0-23h 59min 59s)
- Countdown Function: countdown range (0-99h 59min 59s)
- Alarm Function: Dual Alarm
- EL backlight: press S2 in any case to activate 3s' backlight
- Power Saving: Press S1 and S3 at the same time and hold for 2s at any mode to enter power saving mode, press S2 and S4 at the same time and hold for 2s to exit from the power saving mode to time mode.

TIME MODE

Operation:

- Press S1 to enter into Stopwatch Mode
- Press S3 to switch between week/month display
- Press S4 to turn on and off the key beep
- Press S4 and hold for 2 seconds to the 2 time-zone (T2)

TIME MODE

Time setting:

1. Press S2 for 2 sec. to enter Time Setting Mode with flashing "ADJ" shown
2. Press S1 to switch the setting items in the following order:
   Hour-Minute-Second-Year-Month-Day-12/24H
3. Press S3/S4 key to increase/decrease the value. Press and hold S3/S4 to increase/decrease the value rapidly.(In setting SECOND, while the value is less than 30 seconds, press S3/S4 will decease it to zero, otherwise, will add 1 min)
4. Press S2 to confirm setting and return to Time Mode.
5. When in the 2 time zone(T2), only the hour and min can be set

Note: If there is no operation for 20 seconds, it will back to Time Mode automatically.

STOPWATCH MODE

Instruction:

- The first Line: Show the No. of Lap recorded.
- The Second Line: Display Minute, Second.
- The Third Line: Display 1/100 second.

Note: When the value is up to 60mins, the second line will display hour & min, while the third line shows second.

STOPWATCH MODE

Operation:

- Press S3 to Start/Stop stopwatch function.
- During counting, press S4 to record lap time, up to 10 laps.
- When stop the counting, press S4 to clear the data and back to stopwatch mode.

Data Recall

- Press S2 to enter Data Recall Mode when counting or stop counting
- Press S3/S4 to go through the recorded time data.
- Press S2 to exit the data recall mode and back to stopwatch mode .

Note: Unless starting a new measurement, the recorded time would not disappear, even you press S4 to clear the data.

COUNTDOWN MODE

Instruction:
When the countdown time is over 60mins, it will count down with the unit of 1s; on the contrary, it will count down with the unit of 1/100 s.
The default countdown time is 1 hour.
When counting down to the last 5s, it will be a short “beep” alerting you every second. When the time is up, there will be a long “beep” sound instead, and then starts counting up.

COUNTDOWN MODE

Operation:
1. Press S3 to start/stop counting
2. When stop counting, press S4 to reset the counting

Setting the countdown time:
1. Press S2 for 2 sec. to enter countdown time setting with flashing "ADJ" shown
2. Press S1 to switch the setting items: hour-minute-second
3. Press S3/S4 key to increase/decrease the value. Press and hold S3/S4 to increase/decrease the value rapidly.
4. Press S2 to confirm the setting and go back to the countdown mode.

Note: If there is no operation for 20 seconds in the setting mode, it will confirm the setting and go back to Countdown Mode automatically.

ALARM MODE

Instruction:

1. Dual Alarm: Alarm 1 and Alarm 2
2. Alarm duration: 60s
3. When it alarms, the symbol of alarm will be flashing displayed. Press any key to stop the alarm while it is ringing.

ALARM MODE

Operation:

1. Press S3 to select Alarm 1 or Alarm 2.
2. Press S4 to turn on/off the alarm
3. Turning on the alarm, the symbol of alarm will be displayed on the upper right corner. On the contrary, the symbol will disappear.

Alarm Setting:

1. In Alarm Mode, press S2 and hold for 2 seconds to enter alarm setting mode.
2. Press S1 to switch the setting items: hour-minute
3. Press S3/S4 key to increase/decrease the value.
4. Press and hold S3/S4 to increase/decrease the value rapidly.
5. Press S2 to confirm the setting and go back to the alarm mode.

Note: If there is no operation for 20 seconds in the setting mode, it will confirm the setting and go back to alarm mode automatically.

Alarm 2: Same as Alarm 1.

BATTERY REPLACEMENT

WE STRONGLY RECOMMEND TAKING YOUR STOPWATCH TO A LOCAL JEWELER TO HAVE BATTERY REPLACED TO AVOID POSSIBILITY OF PERMANENTLY DAMAGING OF THE STOPWATCH.
When the LCD becomes dim, replace with a new type CR2032 battery.

Warning:

- Keep batteries away from children. If swallowed, contact a doctor or emergency personnel immediately.
- Batteries contain chemical substances. They should be disposed of properly according to local regulations.

CARE AND MAINTENANCE

- Never attempt to disassemble or service your unit it will void the warranty.
- Protect the unit from extreme heat, shocks,magnetic fields, electrical noise and exposure to direct sunlight long time.
- Unit can be wiped clean with a lightly moistened cloth. Apply mild soap to the area if there are stubborn stains or marks.
- Do not expose the unit to strong chemicals such as gasoline, clean solvents, acetone, alcohol, insect repellents, as they may damage the unit's seal, case and finish.
- Do not swing the stopwatch.
- Do not drop or step on the stopwatch.
- Do not wash the stopwatch or touch it with wet hands.
- Store the unit in a dry place when you are not using it.
- Keep the stopwatch out of reach of young children.